

The Dot. By Peter H. Reynolds read along

<https://www.youtube.com/watch?v=Clpw7PG7m1Q>

[The Dot Song Motions Guide - Emily Arrow & Peter H. Reynolds](#)

<https://www.youtube.com › watch>

Watch and read along with the story and choose different activities each week.

Paint your own dot.



It takes just a few supplies to make these paper plate dots: paper plates, black markers, paints or glue and colour papers. Students use the marker to create their design and then use the tempera paints to fill in their designs with colour. These can also be made with blank paper and coloured pencils.

You can make a dot or a not-a-dot.



Not-a-dot projects introduce the concept of positive and negative images—both which are equally appealing when hung up on the wall.

Put your milk caps to good use.



Have you been saving up milk caps and other lids? Now is the perfect time to use them! Instead of sponge painting, students will use the milk lids as their “brush” and create a dot painting. Students may enjoy the “squish” that is created by each dot.



## Edible Finger Paint

Prep Time: 5 Min Cook Time: 10 Min Total Time: 15 Min  
Yields 1

### Ingredients

1/2 cup flour

1 cup water

1/4 tsp salt

food coloring or water colors

cold water for thinning

### Instructions

1. Combine flour, salt, and 1 cup water in sauce pan.
2. Heat flour/water while whisking. The mixture will be clumpy, then smooth, then thicken into a paste.
3. Once it has become thick and pasty, remove from heat.
4. Whisk in cold water a few tablespoons at a time until desired consistency is reached.
5. Color with food coloring or water colors.
6. Allow to cool completely, then paint!

### Notes

I use Wilton gel colors to get that gorgeous vibrancy. This means that they will stain, but since Alex only paints in his diaper, that's no problem!

To get my paint to the right consistency, I usually have to use 1/2 cup of cold water or more.

homan at home <http://homanathome.com/>

Make 3D dots out of playdoh.

Try making flat dots, round dots, big dots and small dots.

Follow the instructions on this sheet to make your own playdough – no cooking or hot water required!

## No-Cook Playdough

### Ingredients

- 2 cups plain flour
- 1 cup salt
- 1 tbsp oil
- 1 cup cold water
- 2 drops liquid food colouring – any colour of your choosing

### Method

1. Mix the flour and salt together in a large mixing bowl.
2. Add the cold water, oil and drops of food colouring and mix together.
3. When your ingredients are well mixed, take them out of your bowl and place your dough onto a flat surface, such as greaseproof paper.
4. Knead vigorously for a few minutes, until your dough feels like playdough and all of the stickiness has gone.

### What is kneading?

This is when you press, massage, squeeze and fold your dough.

If your dough is too wet, add a little extra flour and carry on kneading.

If your dough is too dry and crumbly, add an extra drop of cold water and carry on kneading.

Make sure you add any extra ingredients a little bit at a time.

### STEAM ideas - outdoor activities

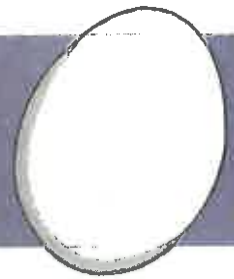
1. Look outside for things that feel smooth like an egg. e.g. leaves
2. Look and feel things that feel furry like a dog. e.g. plants
3. Look for insects in your backyard
4. Make mud pies
5. Plant a seed
6. Play with pets

### STEAM ideas – indoor activities

1. Cook using a recipe
2. Measure ingredients
3. Build a tower using blocks or recycled materials

# Bouncy Egg

## Science Experiment



### Method

1. Place the boiled egg in the bowl.
2. If you would like the finished egg to be coloured, add a few drops of food colouring to the vinegar.
3. Cover the boiled egg with vinegar and cover the bowl with cling film.
4. Leave for 3-5 days.
5. After 3 days, remove the egg from the bowl and rinse the shell off the egg under a gently running tap.

### You will need:

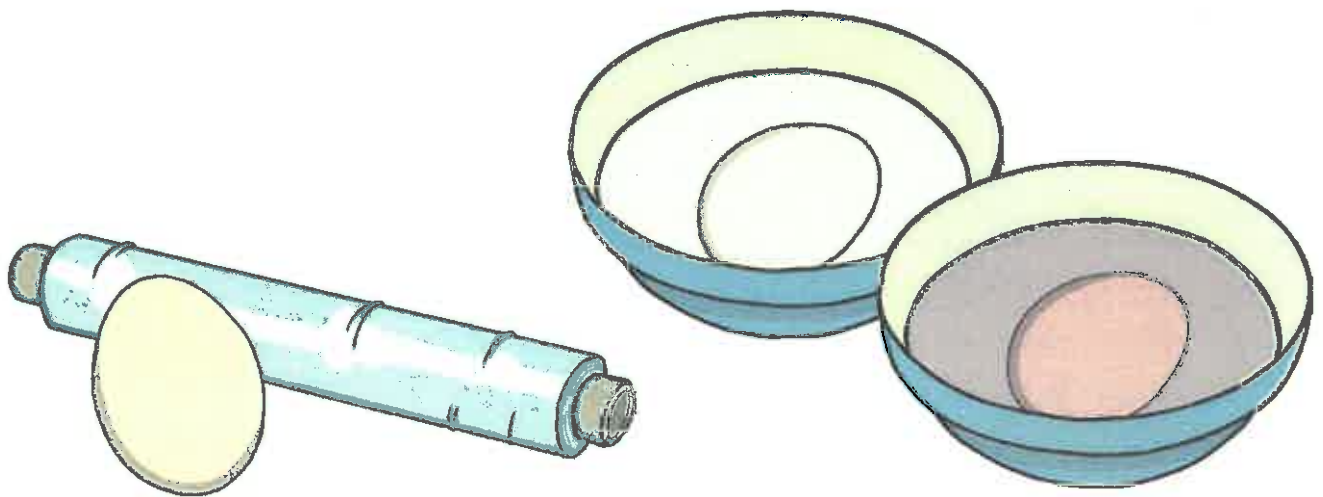
One boiled egg

White vinegar

Food colouring (optional)

Bowl

Cling film



# Science Experiment

## Bouncy Egg

What do you think the vinegar will do to the egg shell?

What do you think the vinegar will do to the egg inside the shell?

Look closely at the egg in the vinegar, what can you see?

What does this experiment smell like? Do you like it?

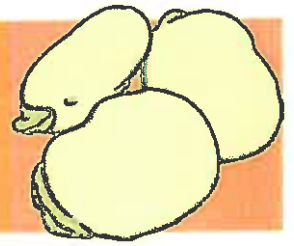
**\*\*\*After 3 days.\*\*\***

What has happened to the egg shell?

Can you describe how the egg feels now?

# Build a Castle in the Clouds

## STEM Activity



### The Activity

1. Cover the area you are going to be working in with the waterproof cover, then put the large activity tray on top.
2. Spray the whole can of shaving foam into the large tray. This is to resemble the clouds.
3. Place the bricks next to the tray and ask the children to build a castle for the giant.
4. If the children need a challenge, ask them to see if they can build a castle that is taller than something else e.g. a bottle of poster paint.

### You will need:

You will need:

Plastic bricks

Shaving foam

Large activity tray

Waterproof cover





# STEM Activity

## Build a Castle in the

What did Jack find at the top of the beanstalk?

Who lived in the castle?

Can you build a castle big enough for a giant?

Our clouds are made of shaving foam.

Is it easy to build when the bricks are wet and slippery?

# Red Cabbage Potion

## Science Experiment



### Method

1. Chop the red cabbage into small pieces.
2. Place it in the glass bowl and cover it with boiling water.
3. Leave the cabbage to soften in the water until the water has become dark purple in colour.
4. Strain the water through the sieve or filter paper.
5. Half fill the jar with cabbage water.
6. Pour the lemon juice into a plastic pot and place the pipette into the pot, ready for the children to use.
7. Spoon some bicarbonate of soda into a plastic pot and place the teaspoon into the pot, ready for the children to use.
8. Allow the children to explore the colour changing properties of the red cabbage indicator by adding lemon juice and bicarbonate of soda to the jar and using the teaspoon to stir the 'potion'.

The cabbage indicator should change to a pink/red colour in the lemon juice. It should change to green/yellow in the bicarbonate of soda mixture and remain a purple/blue colour in the water.

### You will need:

Red cabbage

Knife

Boiling water

Glass bowl

Sieve or coffee filter paper and funnel

Dropper or syringe

2 teaspoons

Clear jar (1 for each child doing the activity)

2 small plastic pots

Lemon juice

Bicarbonate of soda



# Red Cabbage Potion

## A Guide for Adults

The cabbage water is a pH indicator – it has one colour when added to an acidic liquid and another when added to an alkaline liquid. The lemon juice is acidic (a low pH number), the water is pH neutral (around pH7) and the bicarbonate of soda mixture is alkaline (a high pH number).

## Science Experiment

### Red Cabbage Potion

Can you use these ingredients to make some spooky magic potions?

What colour potions can you make?

How many different coloured potions can you make?

What might your magic potions do?



# Silky Soft

## Playdough Sensitive Skin Recipe

### You will need:

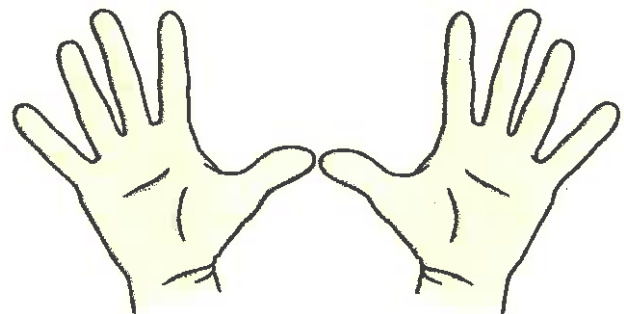
1 cup cornflour

5 tbsp emollient cream (for children with very sensitive skin use a cream that you know doesn't irritate their hands)

Food colouring

### Method

1. Tip the cornflour into a bowl and add the cream, a spoonful at a time.
2. Mix it until it starts to look crumbly and fluffy, then use your hands to work it together until it is evenly combined.
3. It may seem too dry initially but once it all comes together, take it out of the bowl and knead it on the surface until it becomes soft and silky.
4. If it stills feels too dry, add a bit more cream.
5. If your child is sensitive to food colouring, then leave the dough as it is. Otherwise, split the dough into how many different colours you would like and add a small amount of food colouring.





# Porridge Oats

## Playdough Recipe

### Ingredients:

2 cups plain flour

2 tablespoons oil

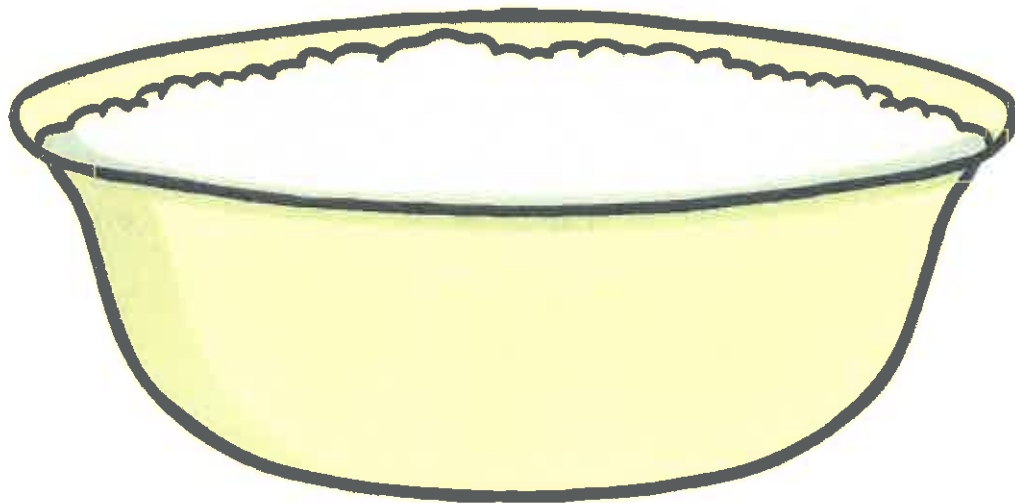
2 tablespoons cream of tartar

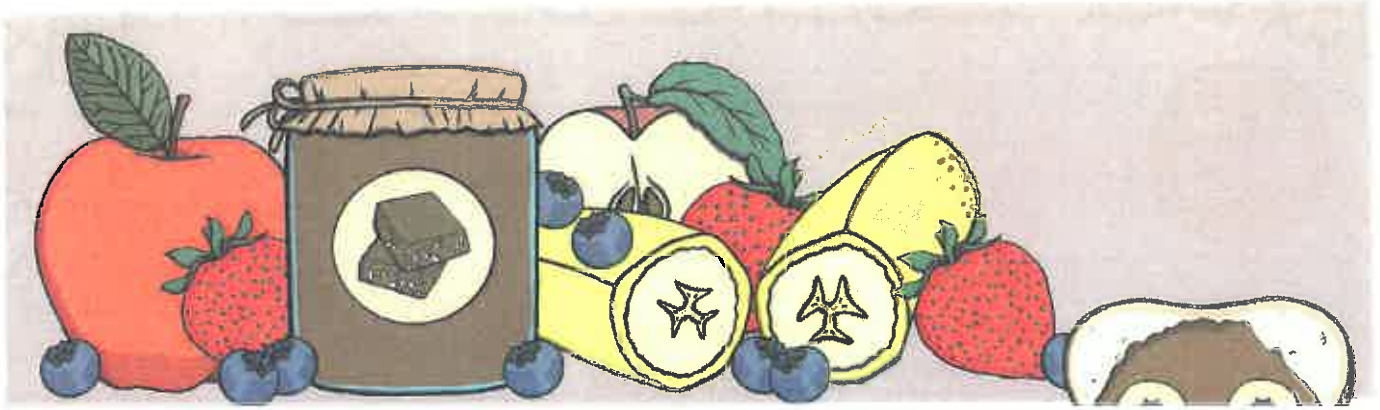
2 cups boiling water

1-2 cups porridge oats

### Method

1. Mix in the dry ingredients.
2. Add the oil and stir through.
3. Add the cups of boiling water, one at a time, stirring vigorously between each cup.
4. When cool enough, knead it on a flat surface.
5. Add the porridge oats, as many as required to make the desired consistency.
6. Leave the oats out for your child to use them in their play.





## Owl on Toast



### Ingredients

1 fruit loaf slice

Chocolate spread

2 banana slices

2 blueberries

2 apple slices

1 strawberry slice

### Equipment

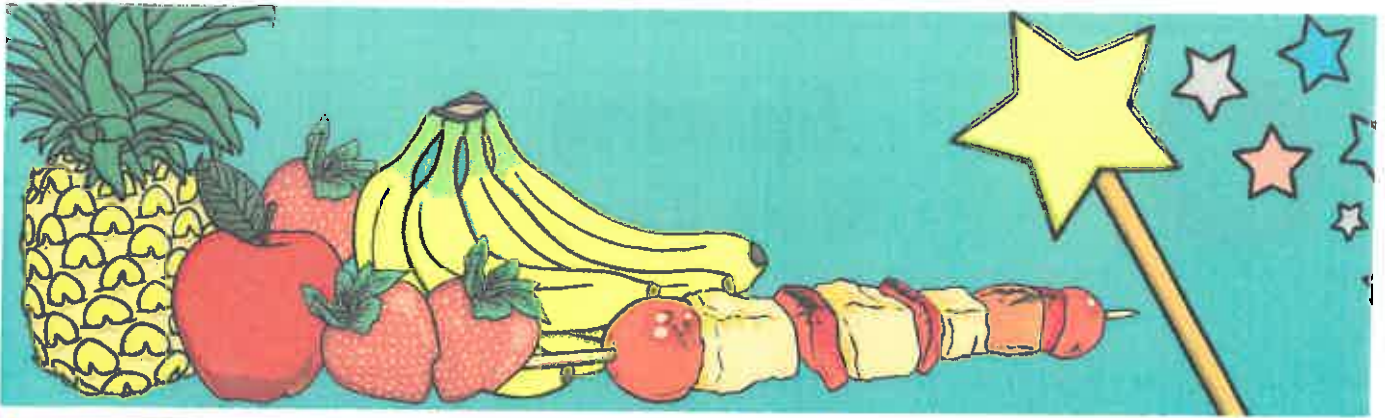
Toaster

Plate

Knife

### Method

1. Lightly toast the slice of fruit loaf.
2. Once cooled slightly, spread on the chocolate spread.
3. Carefully place the banana onto the chocolate spread. Use them to make two big eyes.
4. Put a dab of chocolate spread onto each blueberry and place them in the centre of each slice of banana, to complete the eye.
5. Place the strawberry below the eyes, in the centre of the toast, to make the beak.
6. Use the slices of apple to make the wings. Place them at an angle on either side of the toast, with the curved edges facing each other.



# Magic Wand Fruit Kebabs

## Ingredients

Pineapple

Apples

Strawberries

Bananas

Watermelon

## Equipment

Chopping boards

Sharp knife (adult use only)

Child-safe knives

Star-shaped cookie cutters

Wooden kebab skewers  
(blunt-ended if possible)

## Method

1. Before the activity, prepare the wooden skewers by boiling them in hot water. This will stop them from splintering.
2. Wash your hands and put on an apron.
3. Next, wash the fruit.
4. Then, an adult should remove the skin from the pineapple, watermelon and apple (optional).
5. Cut the apple, pineapple and banana into chunks, and the strawberries into halves. Children can use child-safe knives to cut the soft fruit like the bananas, pineapple and strawberries.
6. Cut the watermelon into slices.
7. Use the cookie cutters to cut star shapes out of the slices of watermelon.
8. Lay out the fruit pieces and carefully place onto the skewers. Children should be closely supervised for this activity, as the skewers can be very sharp. Model how to push the fruit onto the skewers, without putting their hands behind the fruit where the skewer will come through it.
9. A star-shaped piece of watermelon can be the final piece of fruit placed onto the top of the skewer to finish the magic wand fruit kebab.



# Splashy Sensory Bottle

## You will need:

Non-transparent plastic bottle with lid  
(so that the sound is the main focus of the activity)

Water

Strong glue

Tape (optional)

## Method

1. Half fill the bottle with water.
2. Secure the lid with hot glue or superglue. You may also wish to tape around the lid for extra security.
3. Shake, spin and slide to hear the splashy sounds.







# Rustle, Rustle

## Sensory Bottle

### You will need:

Non-transparent plastic bottle with lid  
(so that the sound is the main focus of the activity)

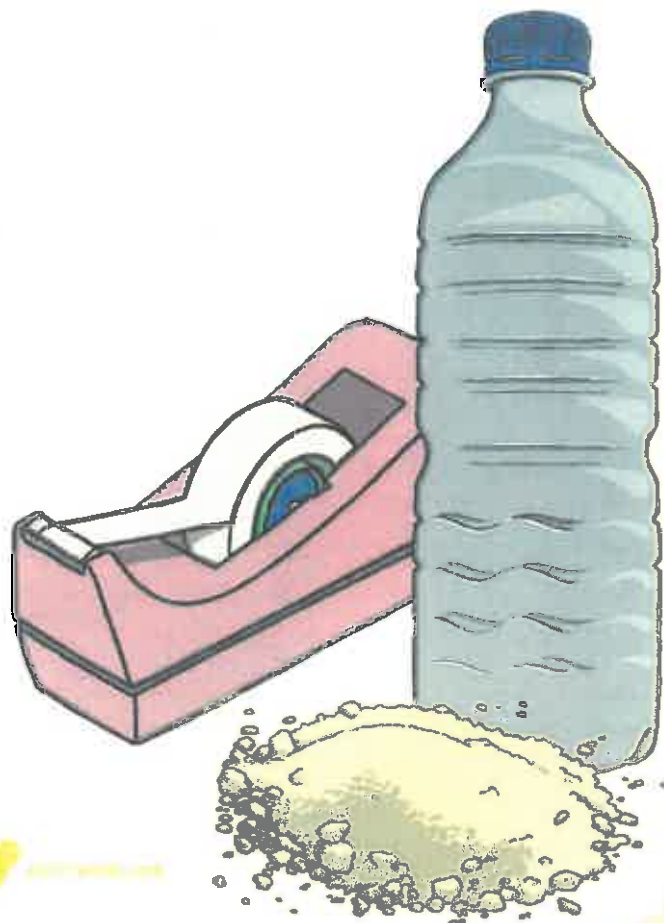
Small cup of dry sand

Strong glue

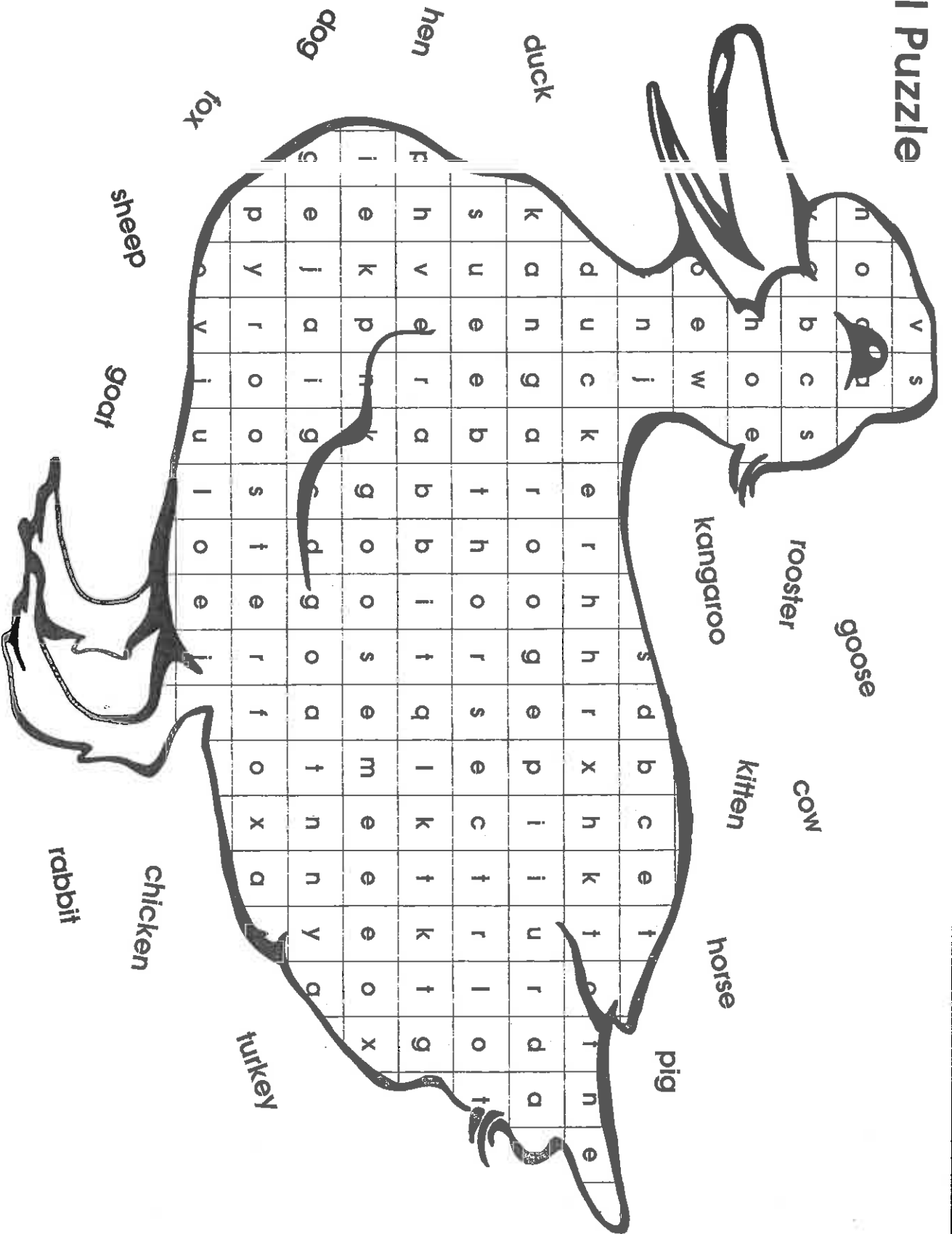
Tape (optional)

### Method

1. Pour the sand into the bottle.
2. Secure the lid with hot glue or superglue. You may also wish to tape around the lid for extra security.
3. Shake and tap the bottle to hear the sand move around the bottle.  
What sound does it make?



# Animal Puzzle



goose

rooster

kangaroo

kitten

cow

horse

pig

turkey

chicken

rabbit

goat

sheep

fox

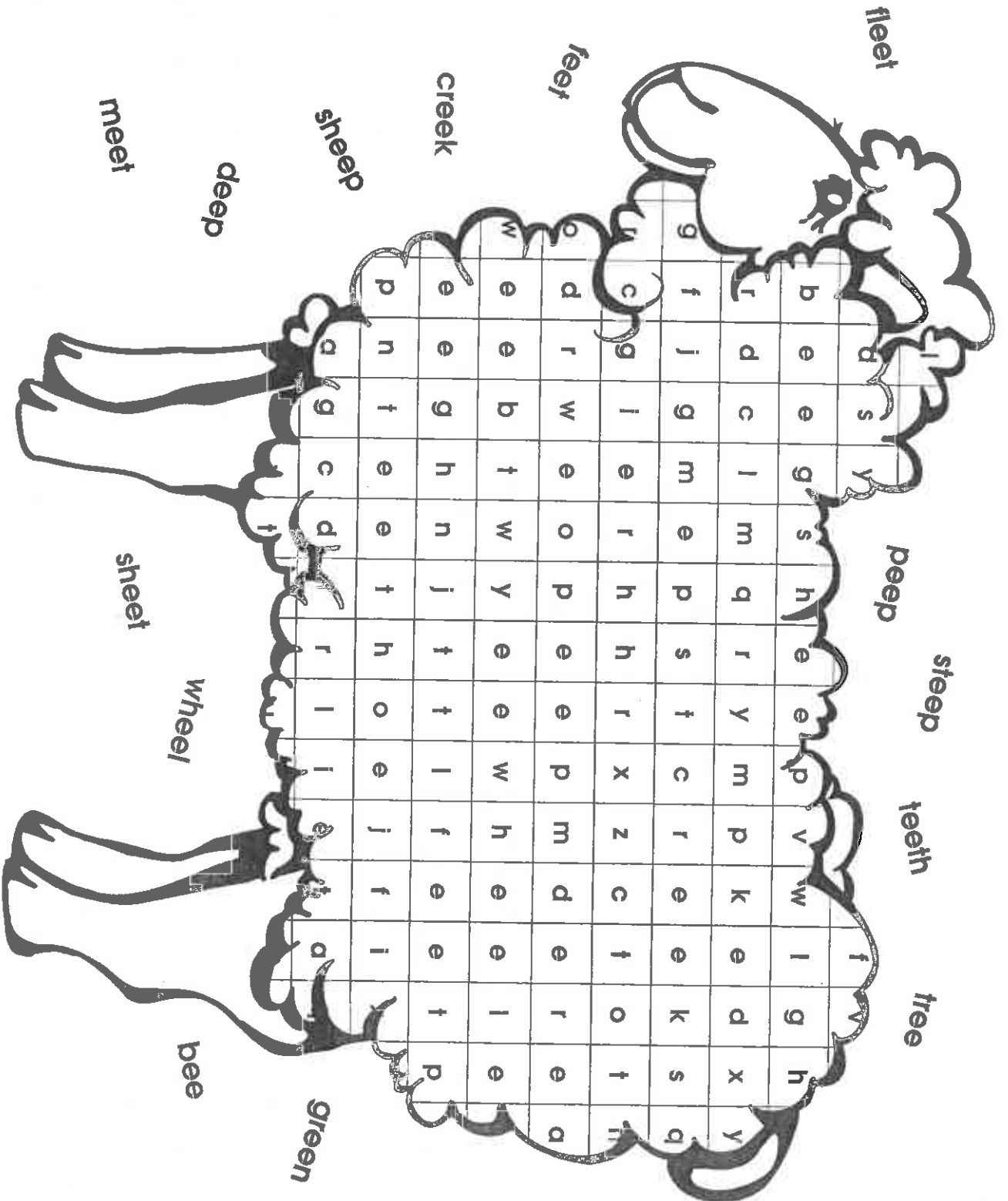
dog

hen

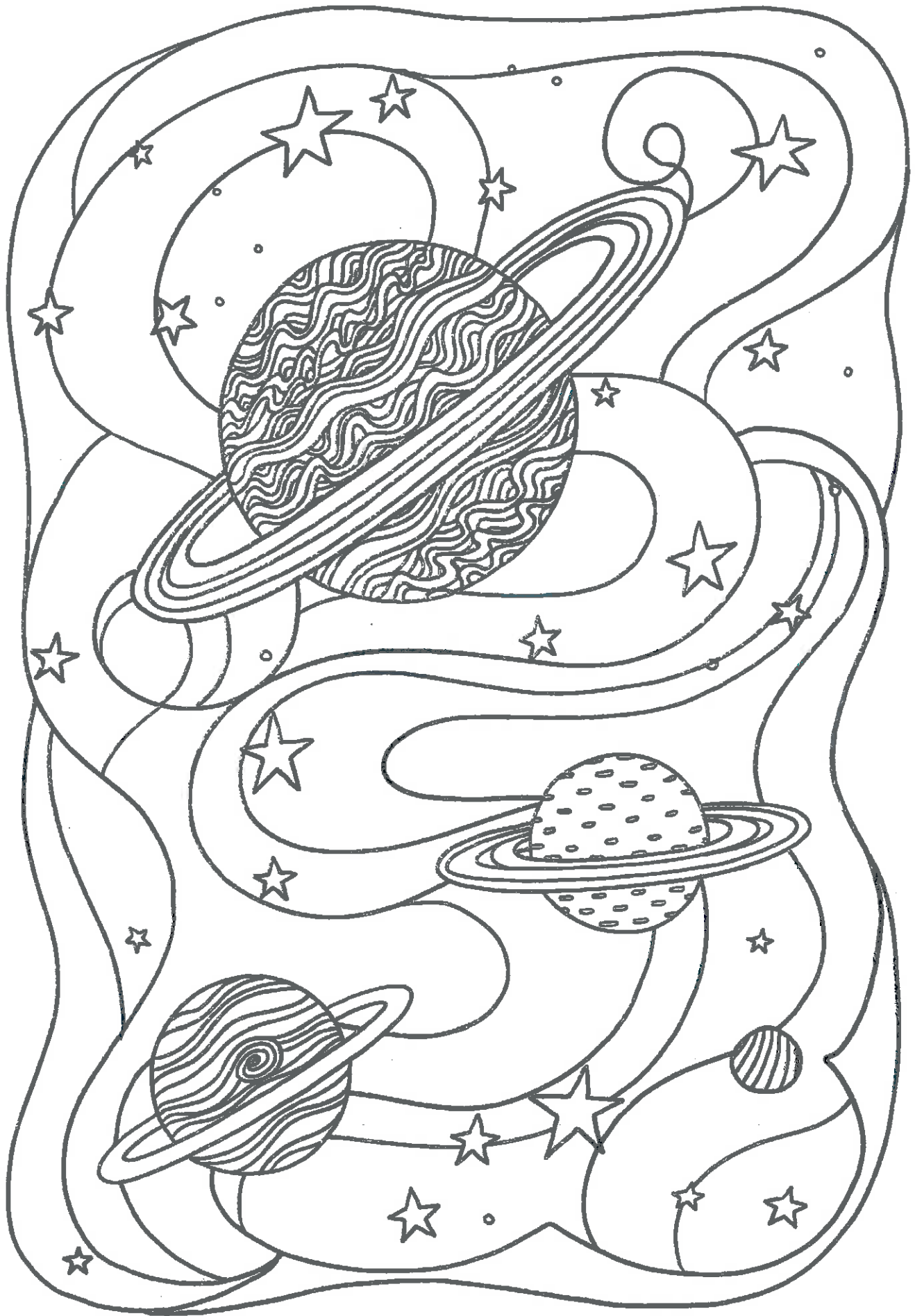
duck

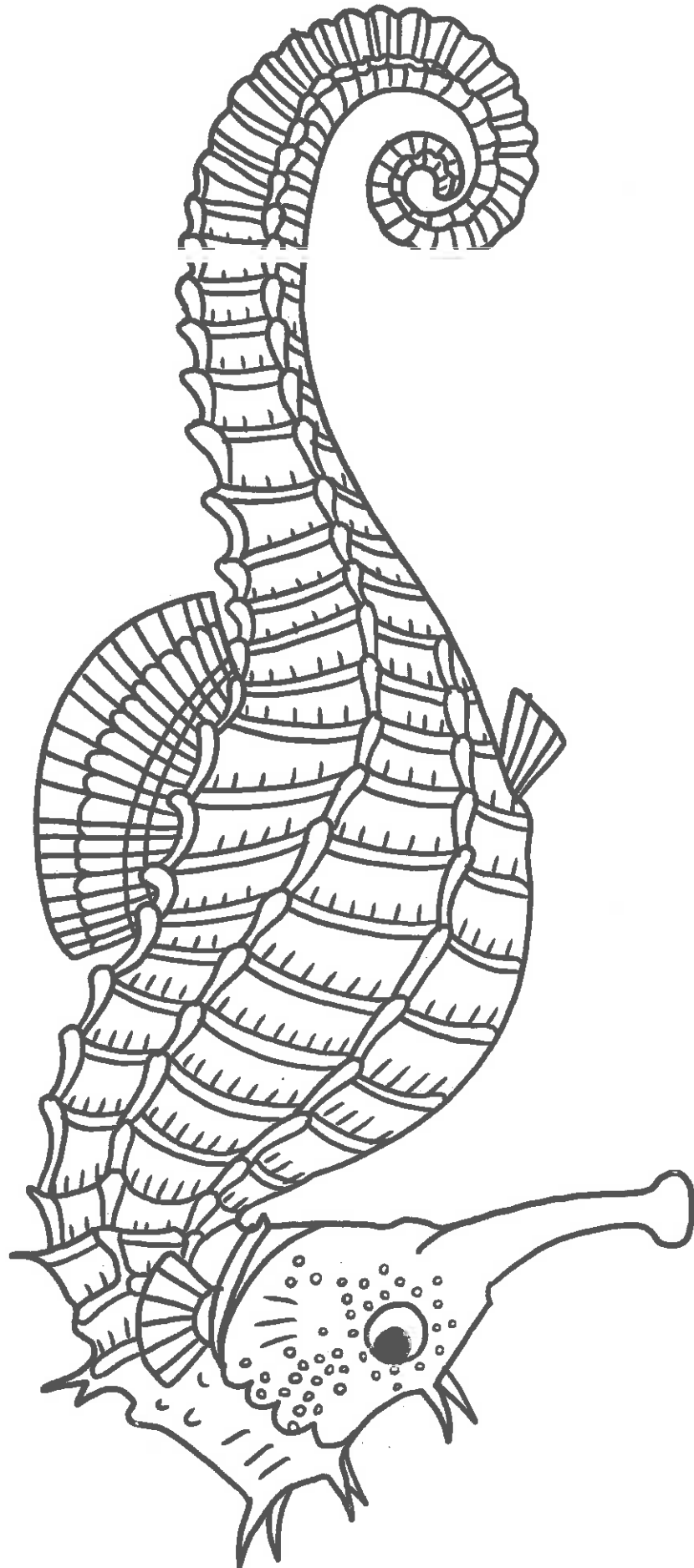
# Sheep Puzzle

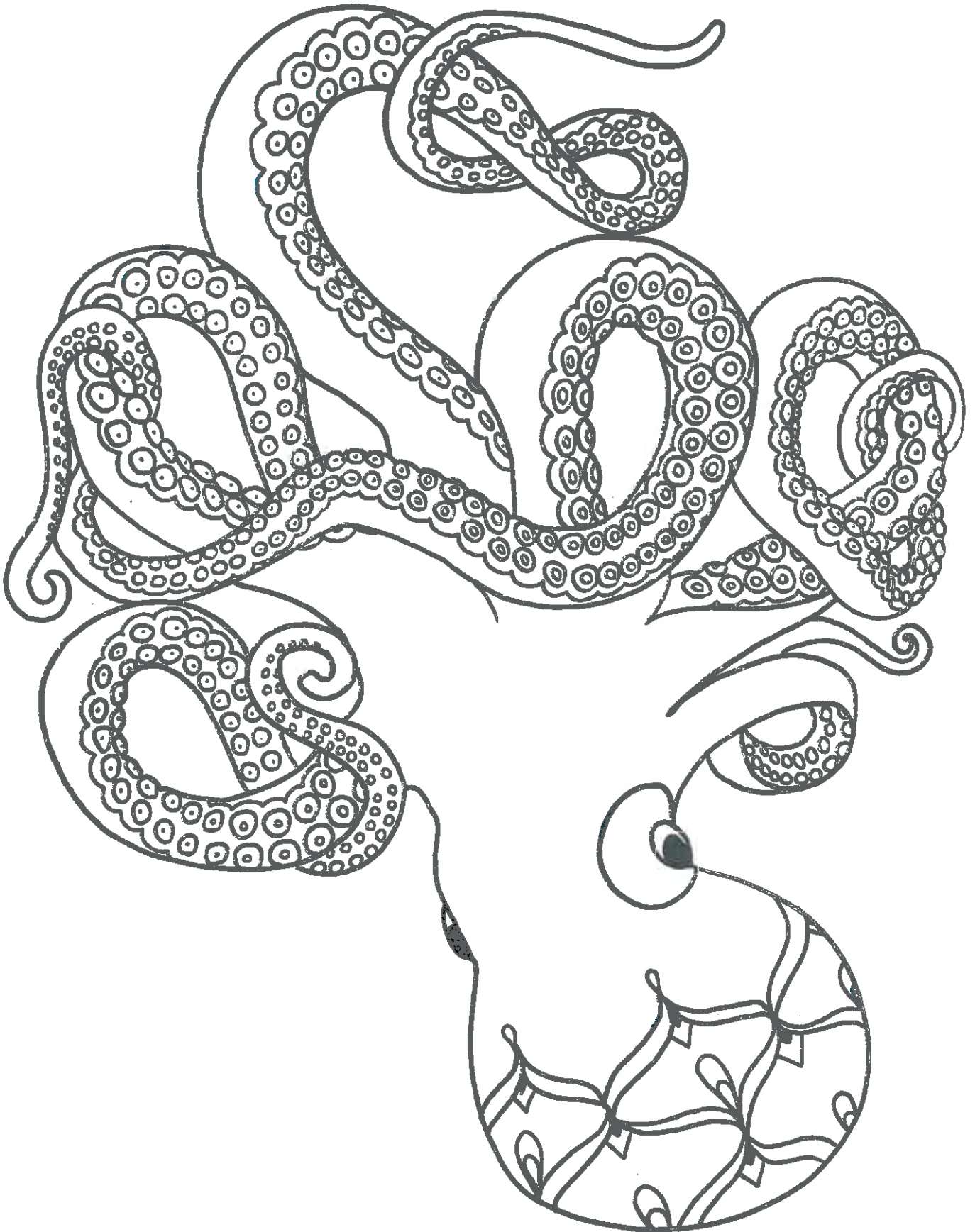
(ee)

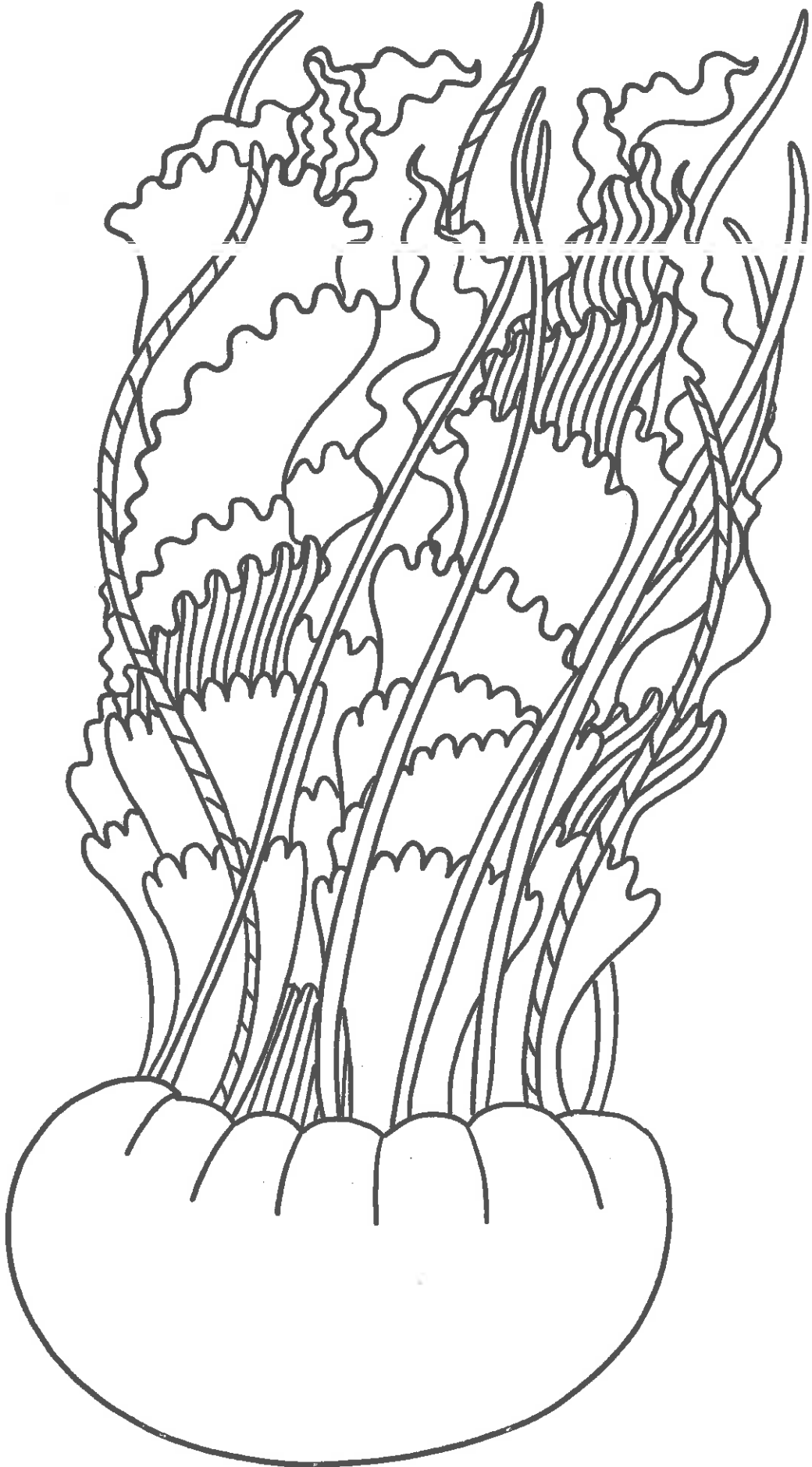




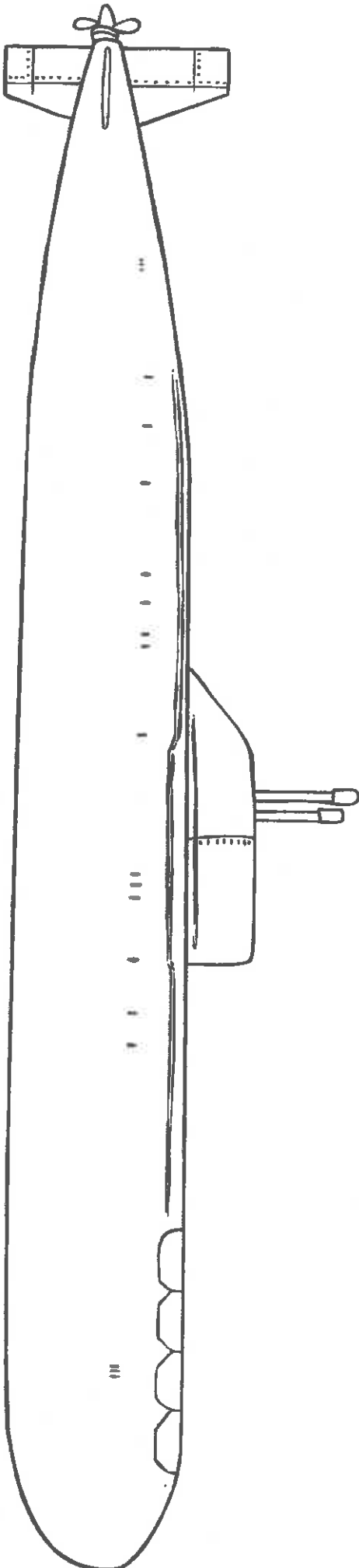


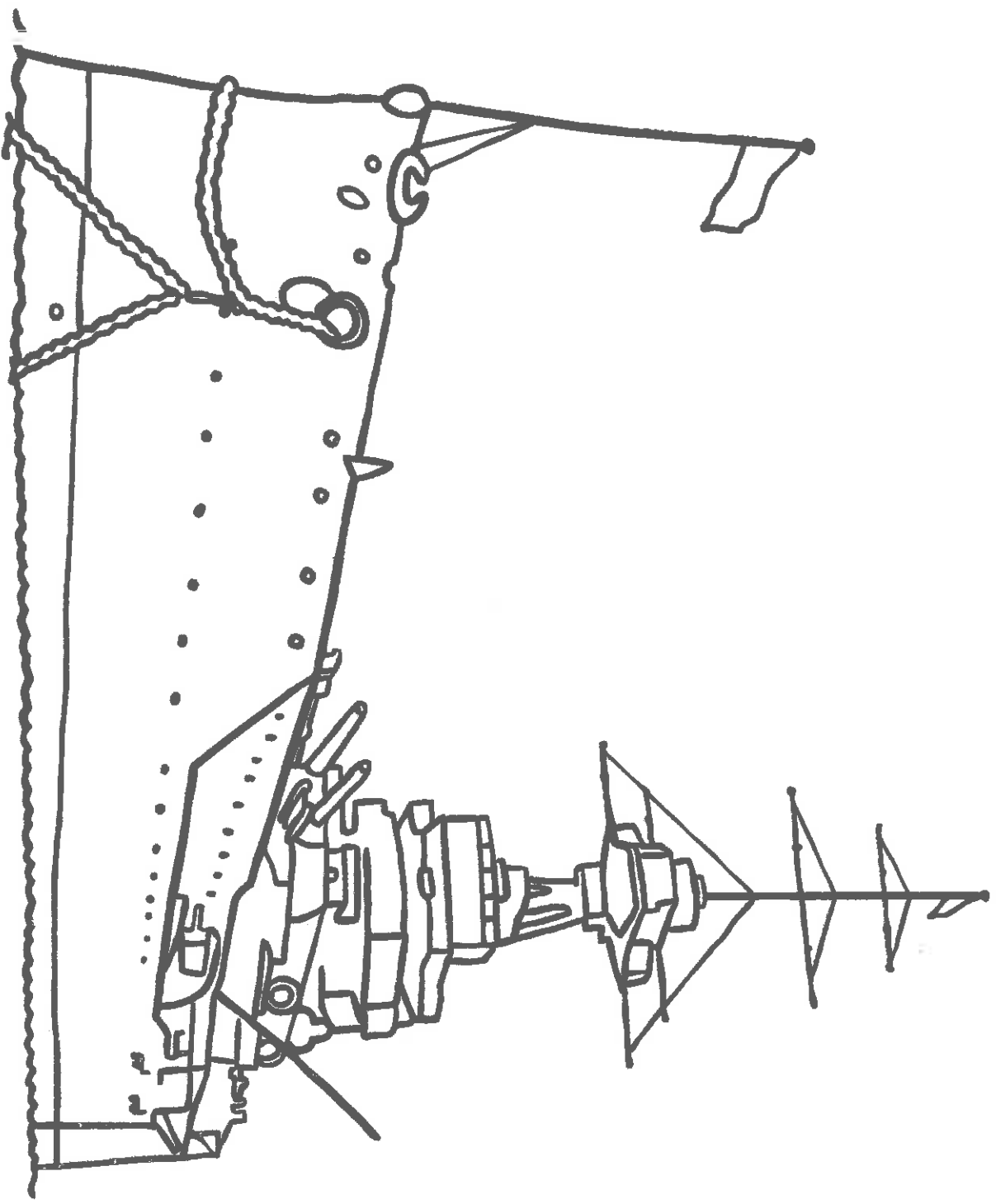


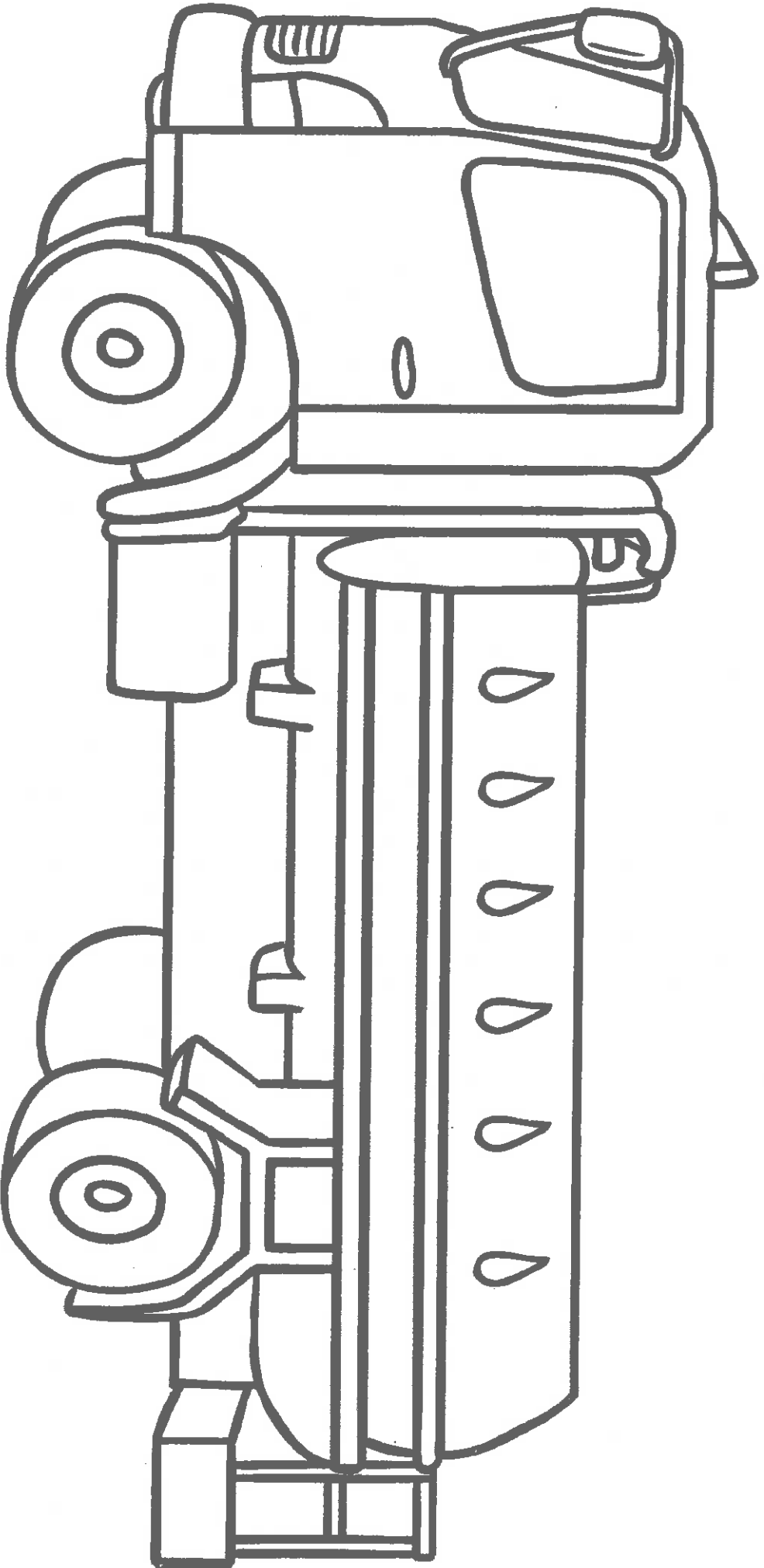


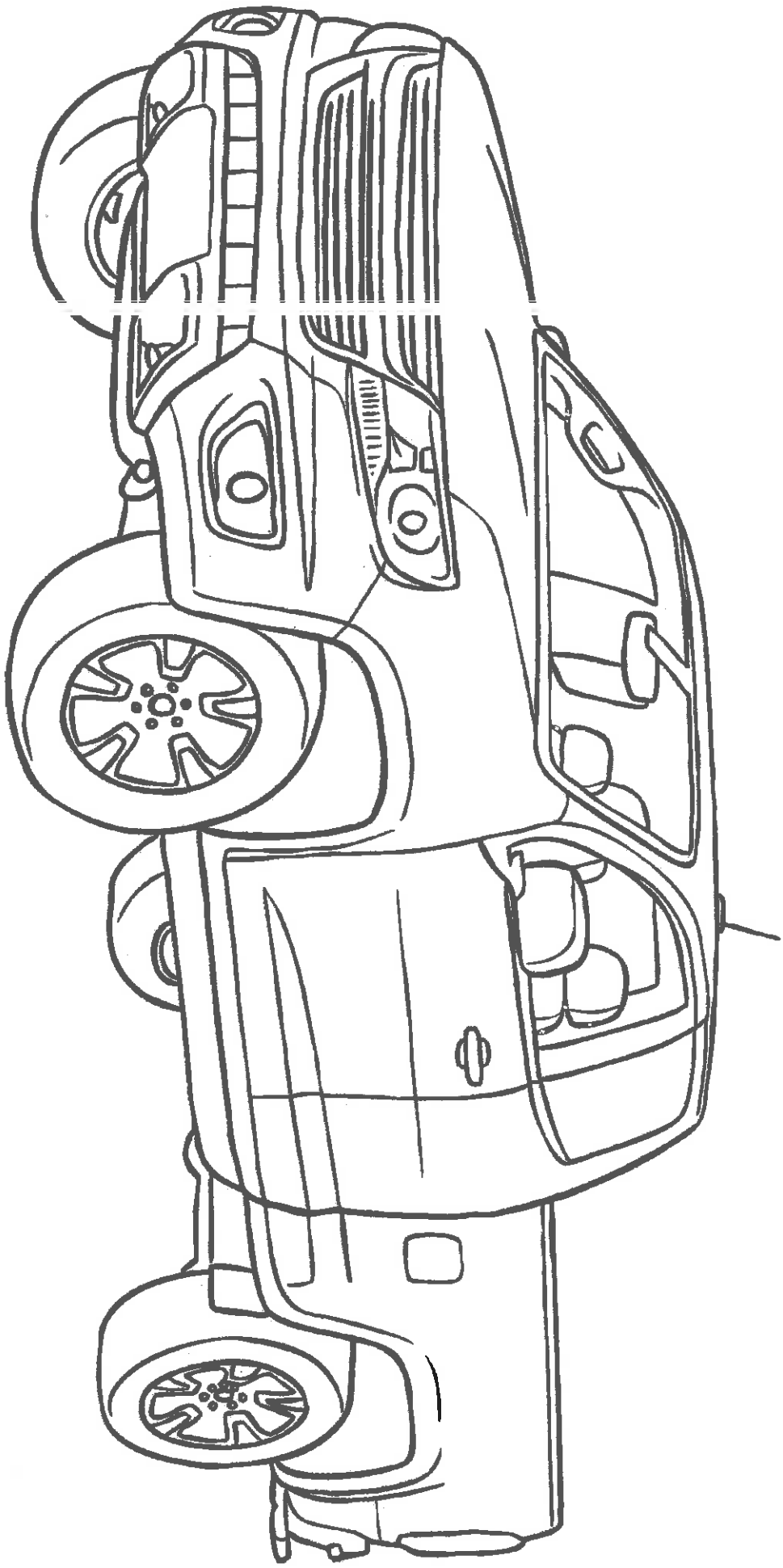
















### **Virtual tours of Museums, Zoos**

Visit museums. Google Arts and Culture partnered with over 2,500 museums and galleries around the world to offer virtual tours of their spaces.

Modern Art and Amsterdam's Van Gogh Museum-

<https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fartsandculture.google.com%2Fpartner%3Fhl%3Den&data=02%7C01%7Cemily.wildeboer%40education.wa.edu.au%7C85cd02511f954360267f08d7cf9a9b73%7Ce08016f9d1fd4cbb83b0b76eb4361627%7C0%7C0%7C637206135272768173&data=sY6ckM5OJQrTSVCvaeVfuBFpao2REP3%2BSf%2FIRTPYe%2Fk%3D&reserved=0>

The Louvre, based in Paris, is also offering its own virtual tour online for free-

<https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.louvre.fr%2Fen%2Fvisites-en-ligne&data=02%7C01%7Cemily.wildeboer%40education.wa.edu.au%7C85cd02511f954360267f08d7cf9a9b73%7Ce08016f9d1fd4cbb83b0b76eb4361627%7C0%7C0%7C637206135272768173&data=BP73ibvVw1WJeFYhUAh7BWsu0eeBJI3dSSk2vv21xZE%3D&reserved=0>

✓The British Museum- located in the heart of London allows virtual visitors to tour the Great Court and discover the ancient Rosetta Stone and Egyptian mummies-

<https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fbritishmuseum.withgoogle.com%2F&data=02%7C01%7Cemily.wildeboer%40education.wa.edu.au%7C85cd02511f954360267f08d7cf9a9b73%7Ce08016f9d1fd4cbb83b0b76eb4361627%7C0%7C0%7C637206135272778167&data=mNZqNvmlGcEQOROCm46kFCL1hi4altsFK%2FbOrRB4vOc%3D&reserved=0>

### **Links to Extra Art and Craft Activities**

✓Crafts and activities-

<https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.allkidsnetwork.com%2F&data=02%7C01%7Cemily.wildeboer%40education.wa.edu.au%7C85cd02511f954360267f08d7cf9a9b73%7Ce08016f9d1fd4cbb83b0b76eb4361627%7C0%7C0%7C637206135272778167&data=XRC6QklgKuGIPkR2tGnfvouel7NJfdILNRfCX6Wollc%3D&reserved=0>

✓Fun games, recipes, crafts, activities-

<https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.highlightkids.com%2F&data=02%7C01%7Cemily.wildeboer%40education.wa.edu.au%7C85cd02511f954360267f08d7cf9a9b73%7Ce08016f9d1fd4cbb83b0b76eb4361627%7C0%7C0%7C637206135272778167&data=GRFqOXFI6%2FD1R0AIQfsJW5NK%2BkHoVtSIWCCuNWEIjiA%3D&reserved=0>

## For Relaxation

Yoga and mindfulness for kids-

<https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fyoutu.be%2F0ImHIWzP49M&data=02%7C01%7Cemily.wildeboer%40education.wa.edu.au%7C85cd02511f954360267f08d7cf9a9b73%7Ce08016f9d1fd4cbb83b0b76eb4361627%7C0%7C0%7C637206135272798156&sdata=2thIELeypAA1Tjvsq2RbfSytgmUUr%2B8h0zeBwtuCeMM%3D&reserved=0>

## Science

Explore the surface of Mars on the Curiosity Rover-

<https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Faccessmars.withgoogle.com%2F&data=02%7C01%7Cemily.wildeboer%40education.wa.edu.au%7C85cd02511f954360267f08d7cf9a9b73%7Ce08016f9d1fd4cbb83b0b76eb4361627%7C0%7C0%7C637206135272778167&sdata=rp%2F3LTPGdG9PC67ue%2B89OiFnPCzUP%2Bcxb22yk%2BF9PH4%3D&reserved=0>

Geography with National Geographic-

<https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fkids.nationalgeographic.com%2F&data=02%7C01%7Cemily.wildeboer%40education.wa.edu.au%7C85cd02511f954360267f08d7cf9a9b73%7Ce08016f9d1fd4cbb83b0b76eb4361627%7C0%7C0%7C637206135272778167&sdata=OEnOQE9jN9S4O8INErQVxFnXrylUfFsq8hPOHrX1sKw%3D&reserved=0>

✓ Melbourne Zoo also has live webcams

<https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.zoo.org.au%2Fanimal-house&data=02%7C01%7Cemily.wildeboer%40education.wa.edu.au%7C85cd02511f954360267f08d7cf9a9b73%7Ce08016f9d1fd4cbb83b0b76eb4361627%7C0%7C0%7C637206135272768173&sdata=4f9K28h0GgYiTZ9HeuaJIYYOB9BszpxY19PYp%2BKUpOs%3D&reserved=0>